



Practice Extend

In today's ever-evolving environment, doing right by your patients takes teamwork. Market, regulatory and other changes create patient care challenges and staff challenges.

Optum® Practice Extend is a comprehensive program provided to independent PCPs on behalf of health plan clients. It offers your practice interdisciplinary clinical team support to help advance the health and well-being of your patients and incentives that compensate timely and fairly. Practice Extend helps you:

- Deliver more proactive care to your patient population
- Create positive impact on patient outcomes
- Grow revenue without adding administrative burden





Supporting better outcomes

The interdisciplinary team of the Optum® Practice Extend clinical care program collaborates with you and your staff to support caring for your patients. Here are some of the many ways of having clinical team support can help:

- Post-discharge care:
 - Perform medication reconciliation
 - Help patients schedule a follow-up PCP appointment within 7 days of discharge
 - Engage patients with recent ED visits at risk for future ED use to assess care coordination needs and help reduce future ED visits
- Identify and stratify high-risk patients
- Optimize medication regimens by performing comprehensive medication reviews for you to evaluate
- Help decrease patients' medication-related costs through education and increasing utilization of lower-tier medications
- Recommend and assist with scheduling 90-day PCP visits
- Support patients and staff with timely in-network specialist appointment scheduling



Optum Practice Extend today covers:

23

states where Practice Extend is deployed (including Washington, D.C.)*

~150K

covered members

~1,800

provider relationships

67

Net Promoter Score® (NPS) among participating providers

~40

pharmacists, care coordinators, administrators

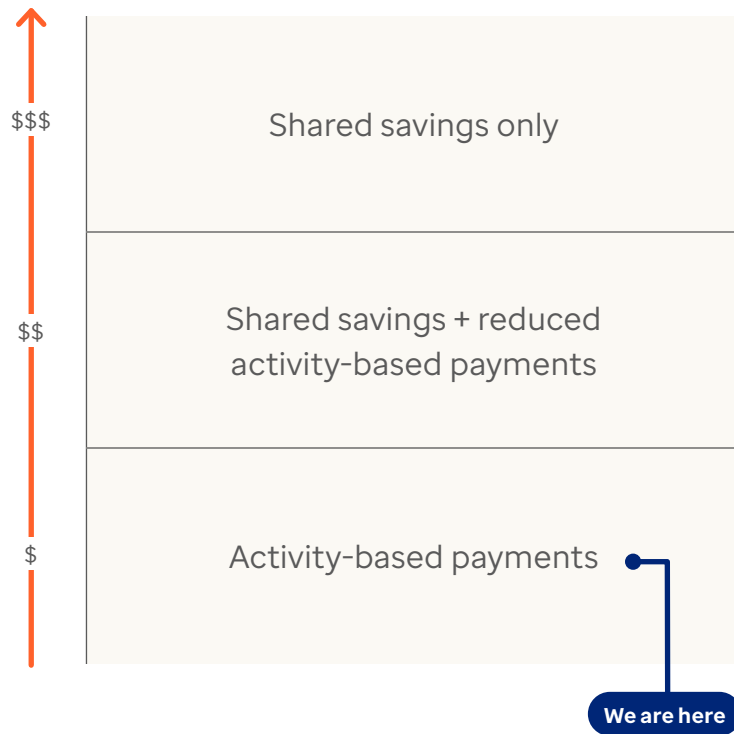
* For 2025, analyzing 15 potential states for Practice Extend program deployment.

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Performance Incentives program

A benefit of joining the Practice Extend program is the opportunity to participate in the provider Performance Incentives program. The program helps you support your population health activities by offering financial incentives that are activity based. As the program evolves and we engage you in more population health activities, the associated incentive opportunities will also evolve.

Incentive model



As you move along your value-based care journey, additional program benefits can be deployed that:

- Extend current interventions
- Deploy new interventions
- Increase focus on specific outcomes
- Improve program efficiency



There are many ways your practice, staff and patients may benefit from the Practice Extend program. Here are some examples:



Improve patient outcomes

Provide additional clinical team resources to target patient needs resulting in more proactive patient-centered care.



Enable practice revenue growth

Joining the Practice Extend program gives you access to various incentives and performance improvement opportunities that enable you to grow practice revenue.



Access to care resources

Expand your clinical support team at no additional cost to your practice or patients.



Reduce patient follow-up activities

Our team becomes an extension of your office to support scheduling for annual physicals, post-discharge and specialist appointments to help you and your staff spend more time caring for patients.



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